

Karen Rideout***Food Systems and Environmental Health***

Dr. Karen Rideout is a food systems and environmental health specialist whose work focuses on the social, cultural, and environmental influences on health. Using her experience in research and policy analysis, she creates practical evidence-based tools and facilitates creativity and collaboration. Recently, Karen has introduced health equity considerations to environmental public health practice, developed public health guidelines for food donation, supported collaboration between the food security and food safety sectors, and contributed to evidence-based resources used by public health and local governments to create healthier built environments. Through her company, Karen Rideout Consulting, she facilitates cross-sector engagement with diverse professionals to create healthier built environments, healthier public policies, and healthier food systems.